

Grade 7 – Arts Education Dance

Shapes and Relationships

1 hour lesson

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Outcome CP 7.2 Investigate and manipulate the elements of dance and principles of composition including tension and resolution.

Indicators

c. Use inquiry to investigate questions about relationships among the elements of dance.

j. Explore and apply biomechanical concepts and principles of balance, stability, spin, and rotation during warm ups and dance compositions.

Creative dance concept –

Shapes/Relationships – exploring angular, curvy and straight shapes in relationship to another person and the space in the room.

Brain dance concept –

Understanding and demonstrating the last five brain dance actions and their biomechanical elements.

Five Part Lesson Plan -

1. Warm up/ Introduction –

Introduce the concept of shaping, filling in negative space and working together to create sculpture and puppets.

Warm up exercise – Sculptor, Model, Clay

In groups of three each person has one role. The model makes a shape, with their eyes closed the sculptor molds the clay after the model. Using touch and sensations. Switch roles.

Music – Eric Chappelle ‘When Will I See You Again’

2. Exploring the Concept–

Shape Museum with puzzle shapes and puppets

Introduce filling in shapes and puppet shapes.

Puzzle shapes - Separate the class into two groups one group in the center (statues) the other on the periphery (guests). The statues make a shape when the music starts, the guests enter the museum fills in the puzzle shape and the original statue dances away and joins another shape while the original partner makes a new shape.

Puppets – Begin the same way as in puzzle shapes but this time when the guest joins the statue they puppet their partner, creating a new shape, fill in the shape, the original statue dances away while the other partner makes a new shape.

Music – Eric Chappelle 'Chirpa, Chirpa'

3/4. Skill Development/Creating –

In partners or small groups have students create a short phrase that includes two different shapes and a locomotor movement. Show and respond.

Music – Allow students to choose. (notice how different music selections changes the feeling of the phrase)

5. Cool Down

Explore and demonstrate the last five actions of the Brain Dance. Pass out BD action cards and have students teach their action to the rest of the class.