**Through these experiences with Brain Dance and Creative Dance, PreK students are working on and learning…**

**Physical**

* Responding to music
* Sense of awe and wonder at movement of materials (scarves floating)
* Sense of awe at what my body can do
* Interacting (dancing) with my friends
* Trying new experiences
* Identifying how I feel

**Spiritual**

**Intellectual**

**Social/emotional**

* Creating and imagining
new ways to move
* Recognizing attributes and characteristics – making shapes
* Counting
* Exploring position and direction
* Increasing vocabulary-using new words
* Listening with engagement
* Following directions
* Exploring the length of word combinations
* Engaging with sound and word play – Brain dance rhymes
* Locomotor – skip, jump, hop, walk, crawl, change direction and levels
* Stability/balance – turn, twist, bend
* Space/body awareness – shape, self space (bubble), obstacle dance, yoga spot
* Fine motor – grasping scarves and dance wand